



## Nurse-Family Partnership (NFP) Referral Q&A

### Who qualifies?

- Pregnant **28 weeks** or less
- First-time parent
- Meets income guidelines\*
- Lives in Service Area\*\*

### What to say:

***“You will be called*** about having a ***personal nurse*** who:

- ***ANSWERS*** your questions,
- Gives ***ADVICE*** (about caring for yourself and your baby),
- Provides ***RESOURCES*** (to help with ***your goals*** for work, school, housing, childcare, etc.).”

### What to do:

Give anyone who qualifies an ***NFP handout***.

Submit a referral online ([goodwillindy.org/nfp](http://goodwillindy.org/nfp)) or by fax (see form)

***-- Referrals will be contacted by NFP --***  
*(Your referral does not determine enrollment into NFP)*

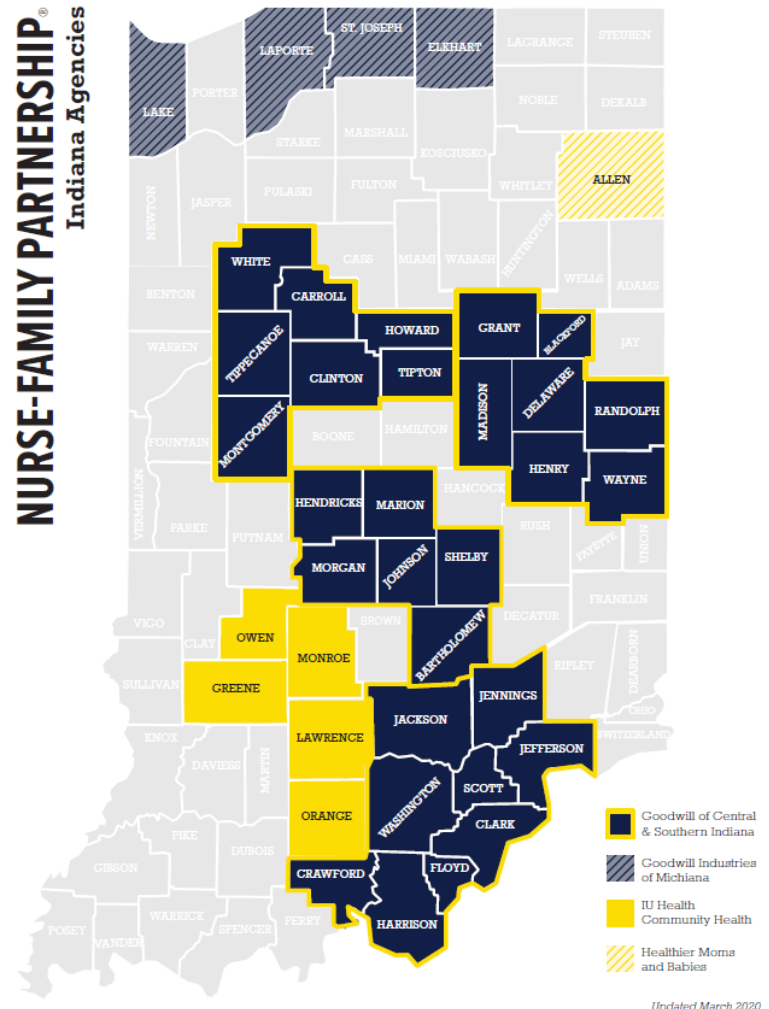
\* Anyone with Medicaid, TANF, or SNAP would meet the income guideline for NFP, but they do not have to get those benefits; there are no age, medical, language, or immigration restrictions.

\*\*See territory map or referral form.

# GOODWILL OF CENTRAL & SOUTHERN INDIANA (GCSI) NURSE-FAMILY PARTNERSHIP Territory Map

Central Region Offices	Counties served
<p><b>Central - Indianapolis Hub</b> Located at GCSI Corporate in Indianapolis (Main Office)</p> <p>Phone: 317-524-3999 Contact Person: Angie Lazaro, <a href="mailto:angie.lazaro@goodwillindy.org">angie.lazaro@goodwillindy.org</a></p>	<p>Bartholomew Hendricks Johnson Marion Morgan Shelby</p>
<p><b>Central Northwest - Lafayette Hub</b> Co-located with The Excel Center in Lafayette</p> <p>Phone: 765-237-0097 Contact Person: Marsha Musleh, <a href="mailto:marsha.musleh@goodwillindy.org">marsha.musleh@goodwillindy.org</a></p>	<p>Carroll Clinton Howard Montgomery Tippecanoe Tipton White</p>
<p><b>Central Northeast - Anderson Hub</b> Co-located with The Excel Center in Anderson</p> <p>Phone: 317-524-3920 Contact Person: Angel Hill, <a href="mailto:angel.hill@goodwillindy.org">angel.hill@goodwillindy.org</a></p>	<p>Blackford Delaware Grant Henry Madison Randolph Wayne</p>

Southern Region Office	Counties served
<p><b>Clarksville Hub</b> Co-located with The Excel Center in Clarksville</p> <p>Phone: 812-207-2269 Contact Person: Amy Falkenstein, <a href="mailto:amy.falkenstein@goodwillindy.org">amy.falkenstein@goodwillindy.org</a></p>	<p>Clark Crawford Floyd Harrison Jackson Jefferson Jennings Scott Washington</p>



**Elkhart, Lake, LaPorte, and St. Joseph County referrals: Call 574-472-7378**

**Greene, Lawrence, Monroe, Orange, and Owen County referrals: Call 812-353-3200**

**Allen County referrals:  
[healthiermomsandbabies.org/request-services](http://healthiermomsandbabies.org/request-services)**

# *What to know: NFP Basics for Referral Q&A*

**Who** can have their own NFP nurse?

- NFP is for women who are ***pregnant 28 weeks or less with their first baby***, and meet the criteria to enroll.

**What** is NFP?

- ***Nurse-Family Partnership***. A ***free*** program that provides ***support to first-time moms***. The (pregnant) moms who enroll are paired with a ***personal nurse, specially trained*** to help first-time parents face the ***challenges of pregnancy and parenthood***.
- An NFP Nurse is ***someone to help*** you:
  - ❖ Have a healthy pregnancy and a healthy baby
  - ❖ Build a strong support system
  - ❖ Make the home a safe place for baby
  - ❖ Find resources to help with childcare, school, jobs, housing, etc.
  - ❖ Set and reach goals
- An NFP Nurse is ***someone to talk to*** about:
  - ❖ Your questions, concerns, hopes, fears
  - ❖ What to expect during pregnancy, labor, parenting
  - ❖ What you can do to care for yourself and baby

**When** would I meet with my nurse?

- The schedule is flexible, but usually every other week until your baby turns 2.

**Where** would I meet with my nurse?

- You decide - your home or other place of choice.

**Why** should I sign up?

- Because... [share what you think she would like about, or benefit from, being in NFP].

**How** do I sign up?

- You will be contacted by NFP ***AND*** you can ***call or text 844-NFP-MOMS***.
- They will make sure you qualify and tell you when visits with your nurse might start.
- You can also go online to ***goodwillindy.org/health***.