

# MENTAL HEALTH RESOURCES



## COUNSELING/TREATMENT SERVICES

### CATHOLIC CHARITIES, SEYMOUR LOCATION

Phone: 812-522-4719

1413 Corporate Way Suite A,  
Seymour, IN 47274

**Serves:** Adults, children and adolescents

**Areas of Treatment:** Mental Health counseling, play therapy, individual counseling

**Payment:** Accepts most insurance and works on a sliding-fee scale based on ability to pay

### CENTERSTONE

Phone: 812-522-4341

1443 Corporate Way, Seymour, IN 47274

**Serves:** All Ages.

**Areas of Treatment:** Outpatient Addiction Recovery, Child and Family, Counseling, Crisis & Urgent Care, and Psychiatric Care **Payment:** Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

### CONCORDIA COUNSELING

Phone: 812-671-8704

504 N Walnut St., Seymour, IN 47274

**Serves:** Adults & Adolescents 14+

**Areas of Treatment:** Christian Counseling; Individual, Marriage, or Family.

**Payment:** Accepts the following insurance providers; Anthem, SIHO, Cigna, UNITED Healthcare/United Behavioral Health/Optum, Aetna.

## COUNSELING/TREATMENT

### GRAHAM & ASSOCIATES

Phone: 812-523-0386

600 S. Jackson Park Dr., Seymour, IN 47274

**Serves:** Children & Adults

**Areas of Treatment:** Mental Health Counseling, Psychiatric/Psychological Testing

**Payment:** Accepts most insurance providers

### GROUPS RECOVER TOGETHER

Phone: 812-200-2789

321 W Bruce St., Suite C, Seymour, IN 47274

**Serves:** Drug & Alcohol Addiction Treatment; outpatient treatment and telehealth MAT/MOUD **Payment:** Accepts most insurance providers

**INDIANA HEALTH CENTERS (IHC)** Phone: 812-405-1857

120 St. Louis Ave., Seymour, IN 47274

**Serves:** Individual and Family Counseling, Stress Management, Depression, Anxiety, Crisis Intervention. Drug & Alcohol Addiction Treatment (MAT/MOUD, including Sublocade), counseling, integrated primary care, behavioral health/psych management. **Payment:** Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

### LIVING WELL MINISTRIES

812-373-6021-Christian Counselor

livingwellangie@gmail.com

Insurance is not accepted, though cost is reduced to accommodate.

## COUNSELING/TREATMENT

### SCHNECK MENTAL HEALTH & WELLNESS

Phone: 812-523-7852

415 S Walnut St., Seymour, IN 47274

**Serves:** Adults 18+, with referral from primary care provider.

**Areas of Treatment:** Addiction, Anxiety, Cognitive Impairment, Healthcare Workers, Depressive Disorders, Grief Counseling, Medication Compliance, Psychosomatic Disorders, Family & Social Support Issues, Stress Management, Weight Management.

**Payment:** Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

### SOUTHERN INDIANA MENTAL HEALTH CLINIC

Phone: 812-530-9409

1125 Medical Place, Seymour, IN 47274

**Serves:** Mental Health Counseling, psychiatric medication management, telehealth and in-person

**Payment:** Accepts insurance

### TURNING POINT DOMESTIC VIOLENCE SERVICES

Phone: 800-221-6311

729 Washington St., Columbus IN 47201

### PERSONAL COUNSELING SERVICES

Phone: 812-283-8383 ext. 121

Christian Counselor

<https://pcs-counseling.org/contact-us/>

## COUNSELING/TREATMENT

### **NEW BEGINNINGS RECOVERY CENTER, LLC**

Phone: 812-271-2300  
105 W 2nd St. Suite 203, Seymour, IN 47274

### **STRIDE CENTER (MENTAL HEALTH CRISIS, STABILIZATION)**

Phone: 812-669-3100 or 1-877-463-6512  
1075 2nd St. Suite C, Columbus, IN 47201  
Open 24 hours/day, Up to 23 hours of care

### **SCHNECK MEDICAL CENTER**

Phone: 800-234-9222  
415 S Walnut St., Seymour, IN 47274

**Serves:** Medication for Opioid Use Disorder (MAT/MOUD), including Sublocade for Adults 18+, through primary care provider.

**Areas of Treatment:** Addiction, Anxiety, Cognitive Impairment, Healthcare Workers, Depressive Disorders, Medication Compliance, Stress Management, Weight Management.

**Payment:** Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

### **SEYMOUR COMPREHENSIVE TREATMENT CENTER**

Phone: 812-716-7329  
357 Tanger Blvd #215, Seymour, IN 47274  
Open 6am-11:30am Mon-Friday, 6am-9am Sat/Sun

**Serves:** Drug & Alcohol Addiction Treatment

**Payment:** Accepts most insurance providers.

## CRISIS LINES/HELPLINES

### **IN CASE OF EMERGENCY**

24-HOUR HOTLINE  
Phone: 911

### **NATIONAL SUICIDE HOTLINE**

24-HOUR HOTLINE  
Phone: 988

### **CRISIS TEXT LINE**

24-HOUR HOTLINE  
Phone: 741741

### **VETERANS CRISIS LINE**

24-HOUR HOTLINE  
Phone: 988, press 1

### **CENTERSTONE CRISIS LINE**

Phone: 1-800-832-5542

### **CONCORDIA CHRISTIAN COUNSELING**

24-HOUR HOTLINE  
Phone: 877-257-0208

### **SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA) HELPLINE**

Phone: 1-800-662-4357 (English & Spanish)  
<https://findtreatment.SAMHSA.gov>

### **NATIONAL DOMESTIC VIOLENCE HOTLINE**

Phone: 1-800-799-7233  
1-800-787-3224 (hearing impaired line)

## INDIANA RESOURCES

### **180RCO (JACKSON-JENNINGS RECOVERY COMMUNITY ORGANIZATION)**

<HTTPS://WWW.FACEBOOK.COM/P/180-RECOVERY-61556765610054/>  
Phone: 1-800-284-8439  
Email: 180jjrcoadvisory@gmail.com  
Peer Recovery Supports and Recovery Connection

### **INDIANA DEPARTMENT OF MENTAL HEALTH & ADDICTION (DMHA)**

[www.in.gov/fssa/dmha](http://www.in.gov/fssa/dmha)

### **LOOK UP INDIANA**

Phone: 1-800-284-8439  
Text: 494949  
<https://lookupindiana.org>

### **MENTAL HEALTH AMERICA OF INDIANA**

<https://mhai.net>

### **GENERAL RESOURCES**

Need help and don't know where to start?  
Call: 211  
<https://hoosierhelp.org>

## NATIONAL TREATMENT RESOURCES

### **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)**

Phone: 1-800-950-6264  
[www.nami.org/Home](http://www.nami.org/Home)

### **MENTAL HEALTH AMERICA**

Phone: 1-800-969-6642  
<https://mhanational.org/finding-help>