

MENTAL HEALTH RESOURCES



COUNSELING/TREATMENT SERVICES

CATHOLIC CHARITIES, SEYMOUR LOCATION

Phone: 812-522-4719
1413 Corporate Way Suite A,
Seymour, IN 47274
Serves: Adults, children and adolescents
Areas of Treatment: Mental Health counseling, play therapy, individual counseling
Payment: Accepts most insurance and works on a sliding-fee scale based on ability to pay

CENTERSTONE

Phone: 812-522-4341
1443 Corporate Way, Seymour, IN 47274
Serves: All Ages.
Areas of Treatment: Outpatient Addiction Recovery, Child and Family, Counseling, Crisis & Urgent Care, and Psychiatric Care
Payment: Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

CONCORDIA COUNSELING

Phone: 812-671-8704
504 N Walnut St., Seymour, IN 47274
Serves: Adults & Adolescents 14+
Areas of Treatment: Christian Counseling; Individual, Marriage, or Family.
Payment: Accepts the following insurance providers; Anthem, SIHO, Cigna, UNITED Healthcare/United Behavioral Health/Optum, Aetna.

COUNSELING/TREATMENT

GRAHAM & ASSOCIATES

Phone: 812-523-0386
1020 W 2nd St., Seymour, IN 47274
Serves: Children & Adults
Areas of Treatment: Mental Health Counseling, Psychiatric/Psychological Testing
Payment: Accepts most insurance providers

GROUPS RECOVER TOGETHER

Phone: 812-200-2789
321 W Bruce St., Suite C, Seymour, IN 47274
Serves: Drug & Alcohol Addiction Treatment; outpatient treatment and telehealth MAT/MOUD
Payment: Accepts most insurance providers

INDIANA HEALTH CENTERS (IHC)

Phone: 812-405-1857
120 St. Louis Ave., Seymour, IN 47274
Serves: Individual and Family Counseling, Stress Management, Depression, Anxiety, Crisis Intervention. Drug & Alcohol Addiction Treatment (MAT/MOUD, including Sublocade), counseling, integrated primary care, behavioral health/psych management.
Payment: Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

COUNSELING/TREATMENT

SCHNECK MENTAL HEALTH & WELLNESS

Phone: 812-523-7852
415 S Walnut St., Seymour, IN 47274
Serves: Adults 18+, with referral from primary care provider.
Areas of Treatment: Addiction, Anxiety, Cognitive Impairment, Healthcare Workers, Depressive Disorders, Grief Counseling, Medication Compliance, Psychosomatic Disorders, Family & Social Support Issues, Stress Management, Weight Management.
Payment: Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

SOUTHERN INDIANA MENTAL HEALTH CLINIC

Phone: 812-530-9409
133 S. Chestnut St., Seymour, IN 47274
Serves: Mental Health Counseling, psychiatric medication management, telehealth and in-person
Payment: Accepts insurance

TURNING POINT DOMESTIC VIOLENCE SERVICES

Phone: 800-221-6311
729 Washington St., Columbus IN 47201

COUNSELING/TREATMENT

NEW BEGINNINGS RECOVERY CENTER, LLC

Phone: 812-271-2300
105 W 2nd St. Suite 203, Seymour, IN 47274

STRIDE CENTER (MENTAL HEALTH CRISIS, STABILIZATION)

Phone: 812-669-3100 or 1-877-463-6512
1075 2nd St. Suite C, Columbus, IN 47201
Open 24 hours/day, Up to 23 hours of care

SCHNECK MEDICAL CENTER

Phone: 800-234-9222
415 S Walnut St., Seymour, IN 47274

Serves: Medication for Opioid Use Disorder (MAT/MOUD), including Sublocade for Adults 18+, through primary care provider.

Areas of Treatment: Addiction, Anxiety, Cognitive Impairment, Healthcare Workers, Depressive Disorders, Medication Compliance, Stress Management, Weight Management.

Payment: Accepts most insurance providers including; Anthem, SIHO, Medicaid, Medicare, and TRICARE.

SEYMOUR COMPREHENSIVE TREATMENT CENTER

Phone: 812-716-7329
357 Tanger Blvd #215, Seymour, IN 47274

Open 6am-11:30am Mon-Friday,
6am-9am Sat/Sun

Serves: Drug & Alcohol Addiction Treatment

Payment: Accepts most insurance providers.

CRISIS LINES/HELPLINES

IN CASE OF EMERGENCY

24-HOUR HOTLINE
Phone: 911

NATIONAL SUICIDE HOTLINE

24-HOUR HOTLINE
Phone: 988

CRISIS TEXT LINE

24-HOUR HOTLINE
Phone: 741741

VETERANS CRISIS LINE

24-HOUR HOTLINE
Phone: 988, press 1

CENTERSTONE CRISIS LINE

Phone: 1-800-832-5542

CONCORDIA CHRISTIAN COUNSELING

24-HOUR HOTLINE
Phone: 877-257-0208

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA) HELPLINE

Phone: 1-800-662-4357 (English & Spanish)
<https://findtreatment.SAMHSA.gov>

NATIONAL DOMESTIC VIOLENCE HOTLINE

Phone: 1-800-799-7233
1-800-787-3224 (hearing impaired line)

INDIANA RESOURCES

180RCO (JACKSON-JENNINGS RECOVERY COMMUNITY ORGANIZATION)

<HTTPS://WWW.FACEBOOK.COM/P/180-RECOVERY-61556765610054/>
Phone: 1-800-284-8439
Email: 180jrcoadvisory@gmail.com
Peer Recovery Supports and Recovery Connection

INDIANA DEPARTMENT OF MENTAL HEALTH & ADDICTION (DMHA)

www.in.gov/fssa/dmha

LOOK UP INDIANA

Phone: 1-800-284-8439
Text: 494949
<https://lookupindiana.org>

MENTAL HEALTH AMERICA OF INDIANA

<https://mhai.net>

GENERAL RESOURCES

Need help and don't know where to start?
Call: 211
<https://hoosierhelp.org>

NATIONAL TREATMENT RESOURCES

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Phone: 1-800-950-6264
www.nami.org/Home

MENTAL HEALTH AMERICA

Phone: 1-800-969-6642
<https://mhanational.org/finding-help>