

## Patient Health History

Name: _____
Date of Birth: _____

**Chief Complaint:** Please circle if you have any of the following symptoms.

- Leg pain
- Leg swelling
- Leg ulcer (sore that is hard to heal)
- Recurrent superficial thrombophlebitis (inflammation of a vein with clot)
- Varicose (bulging veins)

**Additional Complaints:** Please circle if you have any of the following symptoms.

- Swelling
- Restless legs
- Leg cramping
- Venous Stasis Ulcers
- Itching of the legs
- Heaviness of the legs
- Redness
- Aching of the legs
- Leg tightness
- Burning sensation
- Bursting/bleeding of varicose veins
- History of blood clots
- Pain requiring analgesics

List any other symptoms you have in your legs: \_\_\_\_\_

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Do these symptoms limit your activities:    YES    NO

Are these symptoms affecting the following?

Trouble sleeping/awakens me from sleep    YES    NO

Prevents me from walking any distance    YES    NO

Affects my ability to care for myself    YES    NO

Affects my ability to perform my job duties    YES    NO

Who referred you: \_\_\_\_\_

**ALLERGIES:**

Please list anything you are allergic to below:

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**HEIGHT:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_

**CURRENT MEDICATIONS:**

Name	Dose (ex: mcg, mg, etc.)	How often?
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
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_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

\*Please use the back of this page if additional space is needed

Have you experienced any of the following? Please circle:

Physical Abuse:	Current	History	None
Sexual Abuse:	Current	History	None
Emotional Abuse:	Current	History	None

### YOUR PAST MEDICAL HISTORY:

Please circle if you have or have ever had any of the following:

**Endocrine:** Diabetes mellitus      Grave's disease      Hyperthyroidism      Hypothyroidism  
Other endocrine history: \_\_\_\_\_

#### **Respiratory:**

Allergies/hay fever    Asthma      COPD      CPAP use      Sleep apnea  
Other respiratory history: \_\_\_\_\_

#### **Cardiovascular:**

Abdominal aortic aneurysm	Angina	Atrial fibrillation
Cardiac arrhythmias	Coronary artery disease	Deep venous thrombosis
Heart failure	Heart valve disease	Hyperlipidemia
Hypertension	Myocardial infarction	Peripheral vascular disease
Blood clot	Venous disease	Vein stripping

Other CV history: \_\_\_\_\_

#### **Gastrointestinal:**

Colitis	GERD	Irritable bowel syndrome	Liver disease
Pancreatitis	Peptic ulcer disease	Hiatal Hernia	

Other GI history: \_\_\_\_\_

#### **Genitourinary:**

Chlamydia	Gonorrhea	Hemodialysis	Herpes genitalis
Human papilloma virus	Kidney disease	Kidney failure	Kidney stones
Past UTI	Peritoneal dialysis	Urinary incontinence	

Other GU history: \_\_\_\_\_

#### **Hematology/Oncology:**

Anemia	Blood cancer	Brain cancer
Breast cancer	Cervical cancer	Coagulopathy
Colorectal cancer	Endocrine cancer	Eye cancer
GI cancer	GU cancer	Kidney cancer
Leukemia	Liver cancer	Lung cancer
Lymphoma	Musculoskeletal cancer	Myeloma
Neurologic cancer	Oral cancer	Ovarian cancer
Skin cancer	Stomach cancer	Thrombocytopenia

Thyroid cancer \_\_\_\_\_ Uterine cancer \_\_\_\_\_  
Other cancer history: \_\_\_\_\_  
Other hematologic history: \_\_\_\_\_

**Neurologic:**

ADHD	Autism	Dementia
Developmental delay	Headaches	Multiple sclerosis
Parkinson Disease	Peripheral neuropathy	Restless leg syndrome
Seizures	Stroke	Transient ischemic attack

Other neurologic history: \_\_\_\_\_

**Disabilities:**

Hearing deficit	Vision deficit	Hemiparesis
Paraplegia	Quadriplegia	

Other disabilities: \_\_\_\_\_

**PAST SURGICAL HISTORY:**

Please circle if you have ever had any of the following.

**HEENT:**

Cataract extraction	Dental surgery	Laryngectomy	Tonsillectomy
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Other head surgery: \_\_\_\_\_  
Other eye surgery: \_\_\_\_\_  
Other ear surgery: \_\_\_\_\_  
Other nasal surgery: \_\_\_\_\_  
Other throat surgery: \_\_\_\_\_

**Endocrine:**

Parathyroidectomy	Thyroid surgery
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Other endocrine surgery: \_\_\_\_\_

**Respiratory:**

Bronchoscopy	Lobectomy
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Other chest surgery: \_\_\_\_\_

**Cardiovascular:**

Angiogram	Angioplasty	CABG surgery	Carotid endarterectomy
Coronary stent	Heart transplant	Pacemaker	Valve replacement

Other cardiac surgery: \_\_\_\_\_

**Gastrointestinal:**

Appendectomy	Cholecystectomy/Gallbladder	Colectomy, subtotal	
Colectomy, total	Hernia repair	Splenectomy	Bariatric Surgery

Nissen fundoplication

Other GI surgery: \_\_\_\_\_

**Genitourinary:**

Bladder surgery                      Kidney stone extraction                      Nephrectomy

Other GU surgery: \_\_\_\_\_

**Gynecological – Female:**

Cervical Conization/LEEP      Hysterectomy                      Tubal Ligation                      Cesarean Delivery

Oophorectomy

Other Gynecologic (Female) surgery: \_\_\_\_\_

**Genitourinary – Male:**

Prostatectomy                      TURP                      Vasectomy

Other GU (Male) surgery: \_\_\_\_\_

**Musculoskeletal:**

Joint replacement

Other musculoskeletal surgery: \_\_\_\_\_

**Integumentary:**

Skin cancer removal

Other integumentary surgery: \_\_\_\_\_

**Neurologic:**

Craniotomy                      Spinal surgery

Other neurologic surgery: \_\_\_\_\_

**Breast:**

Breast biopsy                      Lumpectomy                      Mastectomy, bilateral

Mastectomy, left                      Mastectomy, right

Other breast surgery: \_\_\_\_\_

**Other surgical history (not listed above):**

\_\_\_\_\_

**FAMILY MEDICAL HISTORY:**

Do you have any siblings?      Number of Brothers: \_\_\_\_\_      Number of Sisters: \_\_\_\_\_

Do you have any children?      Number of Sons: \_\_\_\_\_      Number of Daughters: \_\_\_\_\_

Does anyone in your family (grandparents, parents, siblings, and/or children) have any of the following and if so please list which family member:

Venous Thrombosis: \_\_\_\_\_

Varicose Veins: \_\_\_\_\_

**SOCIAL HISTORY:**

Please circle/fill-in accordingly for the following:

Adopted:      YES                      NO

Marital Status: \_\_\_\_\_

Do you live in a nursing home?      YES                      NO

If yes, where? \_\_\_\_\_                      For how long? \_\_\_\_\_

Occupation: \_\_\_\_\_

**TOBACCO USE:**

Please circle/fill-in accordingly for the following regarding tobacco use:

Never smoker                      Current every day smoker                      Current some day smoker

Light tobacco smoker                      Former Smoker/Quit Date: \_\_\_\_\_                      Heavy tobacco smoker

How long have you smoked/did you smoke? \_\_\_\_\_

How many packs per day? \_\_\_\_\_

**SMOKELESS TOBACCO USE**

Dipping tobacco                      Snuff                      E-Cigarettes

Chewing tobacco                      Tobacco Gum                      Other: \_\_\_\_\_

**ALCOHOL USE:**

Please circle/fill-in accordingly for the following regarding alcohol use:

None                      0-2 drinks per day                      2+drinks per day                      Other: \_\_\_\_\_

**RECREATIONAL DRUG USE:**

Please circle/fill-in accordingly for the following regarding recreational drug use:

None                      Marijuana                      Cocaine/Crack

Amphetamines                      Hallucinogens                      Tranquilizers/sedatives

Opiates                      Painkillers                      Club/designer drugs

Inhalants                      Injection drugs

Other: \_\_\_\_\_

**CONSERVATIVE TREATMENTS USED:**

Please circle if you are currently doing or have done in the past any of the following (insurance requirements to meet medical necessity):

Compression Hose      Elevate Feet/Legs      Walk Regularly      Failed attempts at Weightloss

Other: \_\_\_\_\_

**CURRENT SYMPTOMS:**

Please circle how your current pain feels:

Aching      Burning      Cramping      Dull      Intermittent      Sharp      None

Other: \_\_\_\_\_

**PAIN HISTORY:**

How Long Have You Had Pain in Your Legs: \_\_\_\_\_

Does your pain require analgesics regularly : NO YES – name of medication: \_\_\_\_\_

How would you rate your pain on the 0-10 Pain Scale (0=No Pain, 10=Most Pain): \_\_\_\_\_

**PAIN MADE WORSE BY:**

Heavy lifting      Long car trips      Standing      Sitting

Other: \_\_\_\_\_

**PAIN IMPROVED BY:**

Analgesics      Bed Rest      Elevating extremities      Compression Stockings

Other: \_\_\_\_\_

Do you get anxious, nervous, or uneasy around needles or during medical procedures? (Please circle)      YES      NO

If yes, how would you rate your anxiety? (Please circle)      LOW      MODERATE      HIGH

1. if you have any questions prior to your scheduled appointment.