



Individual, Couple and Family Counseling Services

We work with individuals, couples, families, and children to help improve social, emotional, psychological, and family functioning. Our team of licensed mental health therapists focus on the client's needs and goals by providing evidence-based, trauma-informed care through in-person and telehealth sessions.

Medicaid, Medicare, and a variety of private insurances are accepted. We also offer a sliding fee scale and are happy to work with clients regardless of their financial situation.

For more information or to schedule call 765-349-6730, visit <http://www.helpcreatehope.org/counseling-services>, or scan the QR code below to find our online referral form.

An intake specialist will return your inquiry during regular business hours.

Offices of:

Kate DuBois, EdS, LMHC, NCC & Heidi Smith, MA, LMHCA

Address: 1413 Corporate Way, Seymour, IN, 47274

Visit our website at: www.helpcreatehope.org/counseling-services

Operating Monday-Thursday

Catholic Charities serves any person in need of services, regardless of their religious, social, or economic background in Central and Southern Indiana

Paid for in part with funding from IN DMHA and the State Opioid Response

