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Acceptable Medications to take during Pregnancy

Pain

Tylenol, Tylenol extra strength

Sinus

(USE PLAIN FORMULAS)

Sudafed, Actifed, Sinutab, Dimetapp, Comtrex, Chlortrimeton, Tylenol Sinus, Robitussin, Cough Drops, Chloraseptic spray, Claritin, Zyrtec, Mucinex

Diarrhea

Imodium

Upset stomach or Heartburn

Pepto-Bismol (limited usage), Mylanta, Rolaids, Tums, Di-Gel, Riopan plus, Gaviscon, Pepcid, Zantac, Maalox, Prevacid, Prilosec

Constipation

Stool softeners such as Fibercon, Metamucil, Colace, Dialose, Miralax

No Laxatives

Nausea and Vomiting

Emetrol, Nestrex, Unisom (nightly and ½ tab in the morning), Vitamin B6 (50mg 3 times daily)

Hemorrhoids

Preparation H, Anusol, Tucks (witch hazel pads)