

Understanding What's Safe MEDICATIONS DURING PREGNANCY



PAIN

Tylenol, Tylenol extra strength

SINUS

USE PLAIN FORMULAS

Sudafed, Actifed, Sinutab, Dimetapp, Comtrex, Chlortrimeton, Tylenol Sinus, Robitussin, Cough Drops, Chloraseptic spray, Claritin, Zyrtec, Mucinex

DIARRHEA

Imodium

UPSET STOMACH OR HEARTBURN

Pepto-Bismol (limited usage), Mylanta, Roloids, Tums, Di-Gel, Riopan plus, Gaviscon, Pepcid, Zantac, Maalox, Prevacid, Prilosec

CONSTIPATION

NO LAXATIVES

Stool softeners such as Fibercon, Metamucil, Colace, Dialose, Miralax

NAUSEA AND VOMITING

Emetrol, Nestrex, Unisom (nightly and ½ tab in the morning), Vitamin B6 (50mg 3 times daily)

HEMORRHOIDS

Preparation H, Anusol, Tucks (witch hazel pads)

