



Safe Sitter Program 2023

The goal of the Safe Sitter program is to teach safe babysitting and life skills to children entering grades 6–8. Instructors provide tips to make sitters more confident caregivers. They teach safety and security precautions, such as what to do if a stranger comes to the door, and when and how to call for help. They give information on child development and suggest age-appropriate activities to entertain children and keep them safe. The program gives students hands-on practice in basic life-saving techniques so sitters are prepared to act in a crisis. This course also teaches life and business skills including screening jobs, setting fees, and greeting future employers.

Topics instructed include:

- Safety Skills
 - indoor safety
 - outdoor safety
 - online safety
 - personal safety
- First Aid Skills
 - injury prevention
 - injury management
 - choking rescue
- Child Care Skills
 - child development
 - child care routines
 - behavior management

This program is instructed by Schneck healthcare professionals specially trained for this program. If you have any questions, please call 812-523-4773 or 812-524-4244.

Safe Sitter Program

- One-day training program
- Starts at 8am

Who can attend?

Children entering grades 6–8

When is it?

Offered in 4 locations

Jackson County:

June 9, 10, 16, 24,

July 15, 21, 22, 28, 29

Scott County: June 17

Jennings County: June 23

Washington County: July 14

Class size is limited.

Register online at

SchneckMed.org/events



schneck foundation